

### **Master I – A New State of Consciousness (The Awareness Process™)**

*“An infinitely powerful seed lies within you, waiting to be awakened. This is the moment. This is the place.” – Marc Steinberg, in the Master I Course Material*

Master I – A New State of Consciousness is the most inspiring course in personal development and awareness training. It will open up a whole new world of possibilities for you. Key among them are acquiring the power to transform anger into passion, using the power of your word to attract more of what you want and less of what you don't, and creating a self-determined reality and unlimited success in every area of your life!

Apart from being a personal development course, it is also the foundation and prerequisite for all other Creative Consciousness programmes.

#### **Master I – The Awareness Process™ empowers you with:**

- Freedom – feel free, be free and act free
- Passion – create the life you love to live
- Energy – transform anger into passion
- Clarity – know your goals and your calling, and act from vision
- Integrity – get things done
- Heightened Awareness – perceive reality from new levels
- Authenticity – be real and incorruptible
- Presence – be here and now.

#### **Course content**

- Basic knowledge and wisdom about the mind, the ego, the brain and how to operate consciousness successfully
- Exploring the context and content of consciousness
- Uncovering the matrix in which we live (collective conditioning)
- The Power of the Word
- Transforming anger into passion
- Re-establishing the power to impact providence and attract auspicious coincidences.
- The power and effect of commitment
- Integrity: the power to attract a self determined destiny
- Vision vs. hallucination

**Graduates of Master I confirm that they have...**

- gained awareness around the critical components that govern human behaviour and actions (mind, brain, subconscious, ego and consciousness), thereby gaining control over negative sabotaging patterns
- discovered the value and power of integrity with themselves and with others
- experienced and integrated the power to transform anger into passion
- developed significantly in their quest to become a complete person with holistic abilities (emotional intelligence, 360 degree awareness, 'com-passion'...)
- acquired the power to communicate effectively
- transformed intrinsic resistance towards taking responsibility
- understood and experienced the core principles of Consciousness Coaching®

Sign up for the next Master I – A New State of Consciousness and start opening yourself up to new possibilities!

**Entry requirements**

- None. Purely the willingness to explore yourself, your greatness and the possibilities of a new you.

**Course Components**

- Creative Consciousness workbook

**Course Delivery modality**

- Classroom-based
- Experiential, interactive and group-based interaction
- Consciousness Coaching methodology and philosophy

**Course Duration**

- Classroom component
  - 4 days
  - 41 and a quarter hours