



Master III –Consciousness Coaching™ ACTP

If you want to be a successful coach, you must successfully integrate coaching into your life. Master III is unique in that it delivers on both. It is Creative Consciousness' powerful advanced programme that offers intensive consciousness and coach training in accordance with ICF global standards.

You will learn to utilize Consciousness Coaching as a way of being and as an empowering communication tool in all your interactions. Whether you aspire to become a professional coach or simply to be more conscious, this programme is a must either way.

Master III consists of two parts, within a specific training cycle, ensuring that all Master III students receive the benefit of sharing their experiences with the same group throughout the training.

Master III empowers you with:

- The study and practice of advanced coaching techniques
- The ability to facilitate change and be a source for transformation
- Training that authorises you to facilitate Consciousness Coaching®
- Application of the power of context in coaching interactions
- The skills to transform breakdowns into breakthroughs
- Mastering the Consciousness Coaching® protocol/model/cycle
- Deepened authenticity (going through the Video Identity Analysis (VIA))
- Learning to love (coach) unconditionally
- Creating enthusiasm anywhere, anytime
- Mastery in compassionate self-expression
- Exercising advanced levels of coaching dialogues
- Creating a context for your Being 'Nothing's wrong!'
- The Mongolian Run experience
- Mastering the comfort zone

By the end of Master III, you will have:

- Completed your awareness on the professional coach level
- Achieved the competence to complete the coach training according to CCI and ICF standards
- Acquired the ability to successfully introduce Consciousness Coaching® ACs
- Maximized your freedom and balance inside of committed structures
- Increased your power to dance in the moment with clarity of purpose



Course Content

The Awareness Creation (AC) components include:

- Transforming anger into passion
- The power of the word
- Integrity
- The power to act
- Ladder of Power™
- Story vs 'Is'-ness
- The comfort zone

Entry Requirements

- Master II – The Awareness Process II

Course Components

- Master III is divided into two parts; Master III part 1, and Master II part 2
 - Each part has a separate classroom component and self-study / practice component.
- Creative Consciousness workbook
- Consciousness Coaching Protocols, Awareness Creation sheets
- Exercises, study and practice assignments
- Optional Frame Programme of meditation, Light Dance and Hojo
- Six observed coaching sessions (OCS) monitored by a certified OCS Trainer

In the time between the two parts of Master III:

- you engage in self-study, practice and integration of the acquired material and skills
- you and a fellow student coach each other frequently with support from the trainer as required

Course Delivery modality

- Classroom-based with optional personal awareness exercises outside
 - Experiential, interactive and group-based interaction, group and peer work
 - Consciousness Coaching methodology and philosophy
- External (home-based), self-study after each training



Course Duration

- **MIII part 1** Classroom component:
 - 4 days
 - 41 and a quarter hours
- Self-study component:
 - 6 weeks of self-study, integration, coaching and practice with ICF Professional Certified Coach level support / observation and mentoring.

- **MIII part 2** Classroom component:
 - 4 days
 - 43 hours
- Self-study component:
 - 3 months of self-study, integration, coaching and practice with ICF Professional Certified Coach level support / observation and mentoring.