



Mastery of Relationships™

What is your highest dream for your relationship?

What could it look like if you were a master of the art of relationship?

The Mastery of Relationships programme offers you the necessary insights to create the relationships you'd love to have, and reach new levels of joy and fulfilment in every relationship in your life.

This course applies the powerful principles of Consciousness Coaching® to relationships, the source of both our brightest joys and our deepest upset. Perhaps you are stuck, bored, lacking clarity, focus or direction – or lacking a partner. Mastery of Relationship will support you in achieving your relationship goals (e.g. passion, communication, love) and re-igniting the spark to your life.

Mastery of Relationships empowers you in:

- Communication – communicating in ways that inspire, empower and deepen relationships
- Passion – converting resignation into new possibilities
- Clarity – clarity on how relationships actually work vs. your ideas about it
- Integrity – creating win-win agreements where both parties' needs are met
- Awareness – 'what is' vs. your story about what is
- Completion – getting the dust off your relationship(s), starting with parents
- Authenticity – replacing self-deception with courage and compassion
- Space – creating the space for yourself and your partner to be
- Insight – recognising the impact of conditioning, and moving beyond it

Entry requirements

- Master I – A New State of Consciousness (The Awareness Process I)

Course Components

- Creative Consciousness workbook

Course Delivery modality

- Classroom-based
- Experiential, interactive and group-based interaction
- Consciousness Coaching methodology and philosophy

Course Duration

- 3 days
- 30 hours